



15 Knight Street, PO Box 70, Ashaway RI 02804

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www.ashawaylibrary.org

Library Hours: Mondays and Fridays 10-5, Tuesdays and Thursdays 4-8, Wednesdays 10-8, Saturday 9-1

Quarterly Newsletter, Fall 2019



"Using Your Brain--For a Change"
Brain Training and Self-Hypnosis
with
Bob Miller Tuesday, October 8
and Tuesday, October 15,

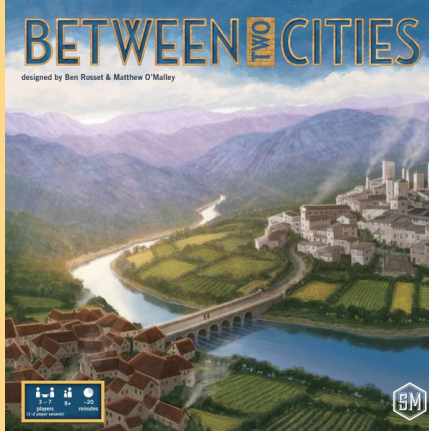
6:00PM

Come and learn simple and effective techniques for relaxation, reducing stress, and anxiety. Learn self-hypnosis and discover strategies for gaining more control of your thoughts. Learn how to easily reduce/eliminate the impact of negative thoughts on your life. Begin to explore how to control your brain, rather than it controlling you.

Bob is a retired hypnotist who has taught self-hypnosis to numerous individuals and groups. He has used hypnosis with clients on a myriad of issues including weight loss, smoking cessation, relaxation, stress and anxiety reduction, and pain control.

This program is free and open to the public but registration is required due to limited space. Please call the library to sign up. This is a two-session program (90 minutes each); please register only if you are able to attend both sessions (October 8 and October 15).

Monthly Game Night



Wednesday, October 9, from 6 to 8PM

You do not need to be an experienced gamer to participate in these board and card games for adults. Our game leader, Paul Roever, will teach you the rules and gameplay. The games for October are *Between Two Cities* and *Pandemic*. It's not every day you get to build a fabulous city AND

fight a global pandemic all without leaving the comfort of the library. Grab some friends and come join in! Space is limited so please give us a call at (401) 377-2770 if you'd like to participate.

More Dates for Tech Tutoring

There are still spaces left for tech tutoring. This is a great opportunity to clear up all those pesky issues you've been having with your phone or tablet or ask questions about software or operating system features, and it's FREE! Please call the library for an appointment. Available dates and times:

Saturday, October 19, 10am to 12pm

Saturday, November 2, 10am to 12pm

Saturday, November 16, 10am to 12pm

Saturday, December 7, 10am to 12pm

Walk-ins will be welcome if a particular time slot has not already been reserved.



Second Annual Carriage Barn Fundraiser Saturday, October 19, 1:00-4:00PM 82 Pine Woods Road North Stonington, CT

This is always a beautiful spot to visit and there's always something new. This year it's the addition of Ettore Bugatti's private

coach built in Paris France in 1899. Bugatti was the founder of one of the fastest and most expensive cars in the world. Stop by or spend the afternoon.

Tickets for this day of autumn fun to benefit the library are \$20 for an individual and \$40 for a family. There is a \$5 discount on the family price for tickets purchased at the library before October 19. Your ticket includes:

* A tour of the beautiful Amish-built barn containing more than 30 historic carriages

- * A tour of the horse barn housing majestic Shire and Friesian horses
- * Cider and donuts
- * Face painting
- * Music by DJ Paul Roever

This event happens rain or shine. Please call the library with any questions or stop by at 15 Knight Street, Ashaway, to buy your tickets!

Spooky Terrariums with Amy Forbes of Forbes' Flowers

Thursday, October 24, 5:00PM

This event is full, but you may call the Library to get on a wait list.

Ages 12-adult \$5 materials fee, payable at the event



Holiday Card Making Class Wednesday

November 20, 6-8 PM

Sign up early for this popular craft class that is always filled to capacity. A \$10 materials fee and your creativity will result in 5 unique holiday cards.



Two Ways to Return Books

Nasty stinging bees have moved in under the outside dark green book so stay away! Use the book drop on the porch or come in and drop things off. Remember: **ALL AUDIOVISUAL ITEMS MUST BE RETURNED IN THE LIBRARY (or incur \$1 fine)**

Eagle Scout at Work

The AFL has been fortunate this summer to be the site of an Eagle Scout Service Project

executed by Tyler Travis. The Eagle Scout designation is the apex of a scouting career involving years of dedicated service and learning. The Eagle Project demonstrates leadership and service to community. Tyler chose to enhance the AFL property with his project and made a plan to clean and paint the gazebo, build a pad and erect a picnic table, and provide appropriate lighting for the flag. Tyler was responsible to raise funds, acquire materials, and provide labor (more than 50 hours!) for all this work. And the results are impressive! Thank you to Tyler and his family and friends for these wonderful improvements!



A Beautiful Addition

With great skill and craftsmanship, Hope Valley artist and woodworker Kevin Travers has created a beautiful one of a kind window seat for the Community Room. The three-piece seating is a wonderful accent to the big window and seems to complete the room. The seat tops lift for storage and are wheeled for maximum flexibility. We are thrilled with this addition and are very grateful to Kevin and Melanie Travers for their generosity. Be sure to check out Kevin's work at AmericanRevolutionDesign.com



**Community Room
Happenings**

Set up for Galaxy Slime Craft Program. Aren't you glad it wasn't at your house?!



The blockbuster Back to Hogwarts Harry Potter Party

Herbology Professor
Amy Forbes



Potions Wizard Josh Fowler

Save the Date

The annual Ashaway Holiday Stroll will be Saturday, December 14. As always, the AFL will offer a like-new book sale, Letters to Santa, holiday crafts for kids, a gift basket raffle, and maybe some extra surprises!





Try This

WhatShouldIReadNext.com
Type in the name of a book you enjoy and get a list of titles you might also enjoy.

CheckoutLiterature-Map.com
Reading suggestions based on your favorite author.

Some Notes about the Annual Fund

More than 30% of the AFL budget must be raised annually. Every

single contribution, no matter the size, ensures that the AFL will continue to be here for you 6 days and 36 hours a week, 300 days a year. Some ways to help....

- Request a Fund envelope at the Library or just mail or drop off your tax-deductible donation.

- Go to "Annual Fund" at www.ashawaylibrary.org to make a donation using PayPal or a credit card.

- Please consider becoming a sustainer! Call the Library to arrange a monthly credit card deduction; it's relatively painless and a small monthly amount adds up to a generous annual donation.

- Remember that you can designate the Ashaway Free Library to receive all or a portion of your United Way donation.

- If your company offers support for charitable giving, please send a matching gift form from your employer with your donation.

- A donation in someone's name is a creative way to honor a loved one on a special occasion and the Library will happily send a special acknowledgement.



Numbers, Numbers, Numbers

Are you part of the in-crowd? Does your library card number begin with 25988? If it does, you are officially an Ashaway Free Library patron. If not, a librarian will be happy to give you a new card. It's helpful to have AFL

official patron numbers reflect our actual library users.

Smile.Amazon.com

If you're an Amazon shopper, remember to log on at <https://smile.amazon.com/ch/05-0274531>

Selecting the Ashaway Free Library as your charitable choice generates a small contribution to the Library with every purchase you make. All

products, prices, procedures and wish lists stay the same and it's an easy way to support your village library.

This Issue's Library Quote: "Whatever the cost of our libraries, the cost is cheap, compared to that of an ignorant nation."

-Walter Cronkite

Library Team

Director: Heather Field

Staff: Josh Fowler, Cheryl Baker, Amy Forbes. Substitute Emily LeMay

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